

## **Mental Health and other Resources for Santa Clarita Valley and Surrounding Areas**

- **College of the Canyons Student Health & Wellness Resource Website:**  
<http://www.canyons.edu/Offices/Health/Pages/Community-Referral-Sources.aspx>
- **Child & Family Center, Santa Clarita** <http://www.childfamilycenter.org/>
- **Henry Mayo Newhall Hospital Behavioral Health Free and Confidential MH Screening Website:**  
<http://screening.mentalhealthscreening.org/#/henrymayo>
- **Mental Health America** [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)
- **Mental Health: It's Part of All Our Lives 1-800-789-2647** [www.allmentalhealth.samsha.gov](http://www.allmentalhealth.samsha.gov)
- **National Child Traumatic Stress Network** <http://www.nctsn.org/>
- **National Council for Community Behavioral Healthcare** [www.thenationalcouncil.org](http://www.thenationalcouncil.org)
- **National Institute for Mental Health** [www.nimh.nih.gov](http://www.nimh.nih.gov)
- **National Suicide Prevention Lifeline at 1-800-273-TALK** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- **Reachout.com** <http://us.reachout.com/reachouthere>
- **SAMHSA Site for Coping with Disaster and Traumatic Events:**  
<http://www.samhsa.gov/trauma/?from=carousel&position=1&date=02282012>
- **Santa Clarita City Mental Health Resource Page**  
<http://www.santa-clarita.com/Modules/ShowDocument.aspx?documentid=5713>
- **Student Mental Health Link to Information**  
<http://www.affordablecollegesonline.org/college-student-mental-health/>
- **Teen Line** [www.teenlineonline.org](http://www.teenlineonline.org)
- **SCV Youth Project (661) 257.YOUTH (9688)** [www.helpnohassle.org](http://www.helpnohassle.org)
- **Stop Bullying** [www.stopbullying.gov](http://www.stopbullying.gov)

<b>ACCESS (DMH Mental Health Hotline)</b>	<b>(800) 854-7771</b>
Asian Pacific Counseling & Treatment Center	(818) 267-1100
<b>Child &amp; Family Center, Santa Clarita (Children, Youth and Adults)</b>	<b>(661) 259-9439</b>
Child and Family Guidance Center – Northridge	(818) 993-9311
Children’s Bureau	(661) 272-9996
<b>College of the Canyons Student Health &amp; Wellness Center</b>	<b>(661) 362-3259</b>
Counseling 4 Kids	(818) 441-7800
Counseling West - Adult and Children Sherman Oaks	(818) 990-9898
<b>Department of Mental Health (DMH) ACCESS Line (PMRT):</b>	<b>(800) 854-7771</b>
Didi Hirsch – Children & Adult Mental Health & Substance Abuse	(888) 807-7250
East Valley Youth & Family Center	(818) 574-7745
El Centro de Amistad	(818) 898-0223
Gay & Lesbian National Hotline	(888) 843-4564
Grace Baptist Church	(661) 296-8737
Hathaway-Sycamores	(818) 896-2255
Henry Mayo Newhall Hospital Behavioral Health	(661) 200-1080
Kaiser Behavioral Health	<b>1-800-700-8705</b> (818) 758-1200
Mission City Community Network, Inc. - Medication	(818) 830-1008
National Alliance for the Mentally Ill	(818) 994-6747
<b>Olive View Urgent Care for Mental Health</b>	<b>(818) 485-0888</b>
Penny Lane	(818) 332-8321
Prima Pediatrics – Medication Evaluation	(661) 424-9000
Regional Center (North Los Angeles County Regional Center)	(661) 775-8450
San Fernando Mental Health Center - County DMH	(818) 832-2400

**Santa Clarita Mental Health** (661) 288-4800

Santa Clarita Valley Food Pantry (661) 255-9078

Santa Clarita Valley Service Center (661) 254-0070

Santa Clarita Valley Youth Project (661) 257-9688

Single Mothers Outreach (661) 298-9593

**Sheriff Dept (LASD in SCV)** 911 or (661) 255-1121

The Help Group (818) 267-2646

The Village and Family Services and Youth Drop In Center (818) 755-8786

**Urgent Mental Health Care (DMH) In Sylmar** (818) 485-0888

Valencia Counseling Associates (661) 259-8200

Valley Child Guidance Center - Palmdale (661) 265-8627

Valley Coordinated Children Services (818) 708-4500

Valley Prevention & Treatment Center - Children & Adults (661) 251-1023

**Strengths United (formerly Valley Trauma Center)**

Hotlines: 818-886-0453 (661) 253-0257

Consultation and Information: (818) 787-9700

### ***Other Services/Support Groups***

- ACTION Family Counseling (800) 367-8336
- A Light of Hope Ages 13-30 [www.alightofhopescv.org](http://www.alightofhopescv.org) (661) 513-4325
- Alcoholics Anonymous (661) 259-0802
- Because I Love You (Parents & Youth Support Groups) (818) 882-4881
- Bridge to Home Client Services Center (661) 254-4663
- DCFS Child Protection Hotline (800) 540-4000
- Domestic Violence Hotline Admin (661) 259-8175 Hotline (661) 259-4357
- Health Resource Center on Domestic Violence (888) 792-2873
- National Council on Alcohol & Drugs (661) 253-9400
- Salvation Army Services (Santa Clarita Valley) (661) 799-5841
- Salvation Army Services (Canoga Park) (818) 883-6321
- Santa Clarita Valley Senior Center [scv-seniorcenter.org](http://scv-seniorcenter.org) (661) 259-9444
- SCV Pregnancy Center (Screening, options counseling) (661) 255-0082
- Way Out Recovery (661) 296-4444

## **Psychiatrists**

- Basta, Fawzy, MD. Adolescent & Adults (818) 886-5628
- Berglund, Robin, M.D. (818) 784-4706
- Daniels, Marsha, MD (818) 995-7848  
<http://bit.ly/2uGHRJN>
- Li, Eric MD (310) 442-9449
- McDonald Mark, MD (310) 954-9564
- Sassano-Higgins, Sean (661) 414-4983
- Steinberg, Lance, MD (818) 224-3540

## **Licensed Psychologists – All listed below will see Adults & Children**

- C&FC Family Wellness Program (661) 259-9439
- Cowell, Donald Ph.D. (661) 257-4340
- Criss-Hagerty, Julie Ph.D. (661) 287-9751
- Dunbar, Nancy Ph.D. (661) 288-2324
- Hamlin, Greg PsyD: (661) 295-9502
- Harter, Karen Ph.D. (818) 734-9330
- Mahler, Bonnie Ph.D. (661) 260-3131
- Peters Glen Psy.D. (818) 475-2666
- Resendez, Larry Psy.D. (661) 373-5883
- Schulman, Lee Ph.D. (661) 263-2680
- Steinman, Lynne Ph.D. (Adults only) (661) 259-0144
- Theberge, Denise Ph.D. (661) 254-3577
- Witkin, Michelle Ph.D. (661) 753-3987

## **Licensed Marriage Family Therapist or Licensed Clinical Social Worker**

- Child & Family Center Family Wellness Program (661) 259-9439
- Crawford, Lori LCSW (661) 993-2645
- Diaz, Dilyse L.M.F.T. (Sp.) (661) 904-0113
- Janes, Claudia MFT (661) 645-8282
- Jones, Christopher C. CAGS Dynamic Intervention (661) 257-1254
- King, Walter M.ED., M F T (661) 287-9337
- Lumaya, Jeffrey LCSW (661) 733-4434
- Lutness, Carole LCSW (661) 755-7524
- Meek, Helen MFT (661) 259-6100
- Posalski, Richard LCSW (818) 773 9988
- Reed, Debbie M.S.MFT (661) 287-4243
- Rouselo, Heather LMFT (661) 212-2997
- Schultz, Wendy MFT (661) 297-0362
- Strong, Charlotte LCSW (661) 713-7798

## **Family Guide**

[www.sprc.org/sites/sprc.org/files/private\\_page\\_materials/Time to Talk About It Family Guide 1.pdf](http://www.sprc.org/sites/sprc.org/files/private_page_materials/Time%20to%20Talk%20About%20It%20Family%20Guide%201.pdf)

## **Local Resources for Food, Shelter, etc. SFV**

[https://www.ourchildrenla.org/wp-content/uploads/2015/06/2015\\_Directory\\_v2-6-24-15-updated.pdf](https://www.ourchildrenla.org/wp-content/uploads/2015/06/2015_Directory_v2-6-24-15-updated.pdf)

## **Medical**

**UCLA Internal Medicine-Pediatrics** <https://www.uclahealth.org/santa-clarita/our-physicians>

(661) 753-5464

27235 Tourney Rd. Valencia, CA 91355

- Kransdorf, Lisa MD, MPH
- Ntim, Gifty-Maria MD, MPH
- Robinson, Colin MD, MPH
- Shah, Sural MD, MPH
- Zubairi, Hijab MD, MPH

Dorio, Gene MD

(661) 254-5554

23206 Lyons Ave, Newhall, CA 91321